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Sequoia Healthcare District renew grants totaling \$140,000 for Peninsula Volunteers Programs

*Peninsula Volunteers Meals on Wheels and Rosener House Adult Day Services
receive funding through Caring Community Grant program*

Menlo Park, CA (May, 2014) Sequoia Healthcare District provides program grants to 29 local non-profits and government organizations that serve the residents of our area through their Caring Community Grants. Through this program Peninsula Volunteers *Meals on Wheels* was awarded \$90,000 for daily meal delivery to disabled or homebound residents in South San Mateo County. Every week, Peninsula Volunteers delivers over 1,500 hot, nutritious meals to seniors and adults with disabilities who are unable to cook for themselves.

In addition, Peninsula Volunteers *Rosener House Adult Day Services* was awarded \$50,000 to support the adult day care facility, which prevents premature hospitalization and institutionalization of the elderly and those with disabilities. Participants in Rosener House include people with Alzheimer's disease, other dementias, Parkinson's disease, stroke, heart disease, and other age-related physical or cognitive conditions. Rosener House provides a daytime program of therapeutic activities, health and support services, in a caring environment that is enjoyable and emotionally supportive to participants and to their families.

Peninsula Volunteers has been very privileged to receive continuing support since 2001 from Sequoia Healthcare District. This is the 12th grant cycle for the Caring Community Grants, which in total, district grants and programs directly benefit at least 60,000 residents per year, or about one out of every four residents. Additionally, the entire population benefits by a healthier community. This year's funding represents about 13 percent of who would otherwise not receive healthcare, the hungry and homeless of all ages. Sequoia Healthcare District's more than \$10 million in total community support, but has an outsized impact on the district's most vulnerable populations — homebound seniors, infants and children.

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About Peninsula Volunteers, Inc.:

For 66 years Peninsula Volunteers, Inc. has created and provided high quality and nurturing programs for the aging on the Peninsula. Peninsula Volunteers provides programs, support and guidance for seniors in the community to allow them to pursue long and useful lives. Each year Peninsula Volunteers provides over \$5 million in services, including over 130,000 hot meals to seniors and the homebound, and touches over 4,500 house holds through its programs: Meals on Wheels, Little House – The Roslyn G. Morris Activity Center, Rosener House Adult Day Services, and, through Peninsula Volunteer Properties, Inc., provides 82% of the affordable senior housing in Menlo Park at Crane Place and Partridge-Kennedy Apartments. For more information please visit www.peninsulavolunteers.org

About Sequoia Healthcare District:

Sequoia Healthcare District provides major funding to numerous non-profit community health organizations that directly assist more 40,000 women, children and seniors in the district, which includes the cities of Atherton, Belmont, Menlo Park, Portola Valley, Redwood City, San Carlos, Woodside, and portions of San Mateo and Foster City from Skyline Boulevard to the Bay. For information: <http://www.sequoiahealthcaredistrict.com/community-grants-program/list-of-grants/>